

CHECKLIST FOR THE MOM		
	HOSPITAL PAPERWORK, ID, AND INSURANCE CARD	
	BIRTH PLAN	
	DELIVERY GOWN AND ROBE	
	SOCKS	
	SLIPPERS	
	FLIPFLOPS	
	LIPBALM	
	MUSIC	
	SNACKS AND DRINKS	
	PHONE AND CHARGER	
	NIGHTWEAR	
	SKINCARE PRODUCTS, TOILETRIES, COSMETICS	
	EYEMASK AND EARPLUGS	
	NURSING BRAS	
	NURSING PILLOW	
	UNDERWEAR	
	PADS	
	GLASSES OR CONTACTS	
	LOUNGEWEAR	
FOR THE BABY		
	BODIES	
	SOCKS AND HAT	
	BLANKET	
	GOING HOME OUTFIT	
	CARSEAT	
	DIAPERS AND WIPES	
FOR THE PARTNER		
	SNACKS AND DRINKS	
	CAMERA, PHONE, CHARGER, BATTERIES	
	CLOTHES AND TOILETRIES	
	GLASSES OR CONTACTS	
	WALLET	